

Preparation Guide

AEROPRESS

Equipment

An Aeropress coffee maker

A glass carafe or a large cup

A special Aeropress filter paper

A grinder

Scales with a timer

A kettle with a gooseneck spout

18 g of our Rwanda Organic coffee

Recipe (Reverse method)

Coffee: 18 g

Grind size: Medium / fine

Water: 180 g or 1 cup

Temperature: 92 °C

Total infusion time:

2 minutes 30 seconds

1. Heat the water to the temperature indicated and grind the coffee.
2. Place the filter paper in the filter holder and rinse it.
3. Hold the plunger (with the silicone part facing upwards) and fit the infusion chamber.
4. Pour in the ground coffee and then add the water (up to 150 g) and start the timer.
5. Stir with a spatula for 10 seconds and leave to infuse for 90 seconds.
6. Attach the filter holder to the Aeropress and turn it upside down over a cup or carafe. Press slowly for 30-45 seconds.
7. Stop pressing when you hear air escaping quietly. Remove the Aeropress.
8. Add 50-60 ml of hot water, stir and serve.



RWANDA BIO

SPECIALTY FILTER COFFEE